

2018

COMMUNITY ENGAGEMENT CONFERENCE

22 November, Ballina RSL



Improving Health

Everybody's Business, Everyone's Responsibility

Time	Topic	Details / Presenter	
8.15 am	Registration and pre-workshop activity	Register early and participate in a Tai Chi session by the Australia Academy of Tai Chi and Qigong	
8.45 am	Welcome	Mark Humphries, Board Member, Northern NSW Local Health District (NNSWLHD)	
	Welcome to country	Margaret Roberts	
	Opening comments	Anne O'Donoghue, Chair, Community Engagement Advisory Council	
	Conference overview and housekeeping	Mark Humphries	
9.10 am	Keynote address: Too much medicine and how asking questions can help you avoid it	Dr Ray Moynihan, Bond University	
10.00 am	Learning from Patients: Research to practice to reduce the likelihood of hospitalisation over winter	Jennifer Johnston, Research Fellow, University Centre for Rural Health Sharyn White, Director, Integration (NNSW), North Coast Primary Health Network	
10.45	Morning tea	Visit information booths, networking	
Breakout Session 1:			
11.00 am	Auditorium: The interface between NDIS and the health system Donna Weekes, Director of Community and Mainstream Engagement, NSW, National Disability Insurance Scheme This information session will discuss the interface between Health and the NDIS as well as discuss tips and resources when discussing access and planning with potential NDIS participants.	Anchorage: Dementia Friends Libby Palmer, Dementia Australia This information session aims to increase awareness and understanding of what it is like to live with dementia and to show your support by becoming a Dementia Friend.	Spinnakers: My Health Record Amanda Wilkinson, Program Manager, My Health Record, North Coast Primary Health Network An interactive session on how to log in and use your My Health Record. This is aimed at providing guidance on how the record can be used to benefit the consumer.
Return to main auditorium by 11.30am			
11.30 am	Key learnings from each breakout session	Facilitated by Mark Humphries	
11.45 am	How to manage pain successfully	Kristene Keevers, Registered Psychologist, Multidisciplinary Pain Management Clinic	
12.15 pm	Healthy interventions for hips and knees – before and after surgery	Evan Bryant, Physiotherapist NNSWLHD	
12.45 pm	Lunch	Visit information booths, networking	



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<p>1.15 pm</p>	<p>Connecting with Community: How we can make a contribution whilst training tomorrow's health practitioners</p> <p>An information session about ways a university can partner with community make a meaningful contribution to the health and wellbeing of individuals within a clinical education program for health students.</p>	<p>A/Prof Jacqui Yoxall, Group Lead, Allied Health and Midwifery A/Prof Sally Sargeant, Deputy Head of School Beth Mozolic-Staunton, Course Coordinator, Occupational Therapy School of Health and Human Sciences, Southern Cross University</p>	
<p>Breakout Session 2:</p>			
<p>2.00 pm</p>	<p><u>Auditorium:</u> Domestic Violence: recognition and response by community members Melanie Lotfali Family Violence Prevention Officer Northern NSW Local Health District The session explores what domestic violence is, acknowledging that it is much more than physical or sexual intimate partner violence. We will touch on the prevalence and what we can do to assist people we feel may be perpetrating or experiencing domestic violence.</p>	<p><u>Anchorage:</u> Local services for mental health, alcohol and other drugs (AOD) and suicide prevention Elizabeth Davis, Senior Manager for Mental Health, Alcohol and other Drugs & Suicide Prevention, North Coast Primary Health Network This presentation will provide an understanding of the mental health, AOD and suicide prevention new services NCPHN has commissioned over the last two years in the Northern Rivers area. Liz will describe the target groups, type of services available and how the services can be accessed.</p>	<p><u>Spinnakers:</u> Tips and tricks to take charge of your health Riley Bice, Health Literacy Project Officer, Northern NSW Local Health District Learn useful tips to manage your medications, find health services and be an active partner in your healthcare.</p>
<p>Return to main auditorium by 2.30 pm</p>			
<p>2.30 pm</p>	<p>Key learnings from each breakout session</p>	<p>Facilitated by Mark Humphries</p>	
<p>2.45 pm</p>	<p>Compassionate Communities: strengthening support around death, dying, grief and loss</p>	<p>Northern NSW Compassionate Community members</p>	
<p>3.15 pm</p>	<p>A conversation: the importance of community involvement in healthcare and how you can get involved</p>	<p>Mark Humphries with: Wayne Jones, Chief Executive, Northern NSW Local Health District Dr Brian Pezzutti, Board Chair, Northern NSW Local Health District Anne O'Donoghue, Chair, Community Engagement Advisory Council Julie Sturgess, Chief Executive, North Coast Primary Health Network</p>	
<p>3.45 pm</p>	<p>Closing comments</p>	<p>Mark Humphries, Board Member, Northern NSW Local Health District (NNSWLHD)</p>	
<p>4.00 pm – 5.00 pm: All welcome for light refreshments, nibbles and networking in the Anchorage room</p>			



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