

# Breastfeeding Information Sessions



**Do you want to know more about breastfeeding?**

**Would you like more support to breastfeed your baby?**

- ✓ **Please join our FREE** Breastfeeding Information Sessions
- ✓ These interactive sessions are designed for pregnant women
- ✓ Partners and support people are also welcome.

**First  
Thursday of  
each month**

**12.30pm – 2.30pm  
(NSW time)**

**Bookings essential  
as dates and times  
may change**

**Northern NSW  
Local Health District**

**For Bookings and enquiries contact:**  
P (02) 66 76900 - Tweed Community Health or  
M 0429 778 031 Parent Education

